85 LIVINGSTON

News and Information



BUILDING GYM NOW OPEN!

We're excited to announce the grand opening of our brand-new building gym — an amenity designed to bring convenience, wellness, and community right to your doorstep.

Please review the below information regarding access and waivers, as well as the gym rules on the following page.

Access & Waiver
• A key-fob system will be installed. Access will be limited to residents who use their fob to enter and exit.
• All residents must sign a waiver before access is granted. Please email your completed waiver to Messera at 85Livingston@akam.com.
• If the waiver is not returned prior to the fob system installation, you will not be able to access the gym until the waiver is signed

By using the building's community gym, all residents and their guests acknowledge and accept the following terms:

- Use of the gym and its equipment is entirely at your own risk.
- The building and its management, board, ownership, and staff are not liable for any injuries, accidents, health conditions, or damages that may occur during or as a result of gym use.
- Residents are responsible for ensuring that they, their household members, and any guests are physically fit to exercise and have consulted a medical professional as needed before using the facility.
- Residents are fully responsible for the conduct and safety of any guests they bring into the gym.

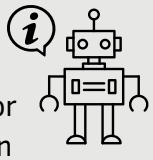
The gym is provided as a courtesy amenity. Failure to follow posted rules may result in loss of access.

By entering or using the gym, residents and their guests acknowledge that they have read, understood, and agreed to abide by these terms and all posted gym rules.

Board Members

Richard Shelala
Richard Currie
Lindsey Elias
Matt Kaplan
Corey Klar
Cary Shapiro
PaulaMarie Susi

New to the building or looking for details for an upcoming project? Check out 85liv.com for FAQs, renovation requirements, previous newsletters, and more!



Now with with an AI Chatbot!

Join the 85 Liv Facebook Group to connect with the community!

Newsletter Editor: Lindsey Elias
Fall 2025

COMMUNITY GYM RULES

This gym is a shared amenity—please help keep it clean, safe, and enjoyable for everyone.

- Be courteous and respectful of your neighbors at all times.
- Limit time on equipment if others are waiting, and allow others to work in.
- Use equipment at your own risk. Read all instructions and consult a medical professional before beginning any exercise program.
- Wipe down equipment after use.
- Return all weights and equipment to their proper place.
- Do not remove any items from the gym.
- Do not drop or slam weights. Avoid excessive noise while exercising.
- Proper gym attire, including shirts and athletic footwear, is required.
- No phone calls, photography, or video recording.
- Music must be listened to through headphones—no speaker use.
- No food or glass containers in the gym.
- Children under 15 must be supervised by an adult.
- Guests must be accompanied by a resident at all times. Residents are responsible for the behavior and safety of their guests.
- No personal trainers permitted.
- Report any damaged or malfunctioning equipment to building staff immediately.



GARBAGE AND RECYCLING REMINDERS

Regular Garbage

Every floor is equipped with a garbage chute for regular trash. Please pay attention to signage as items such as cat litter are not to be dropped down the chute.
Item too big to fit in the chute? There are garbage cans right off of the service elevator at the basement level where you can always drop garbage that's too big for the chute.



Recyclable Cardboard



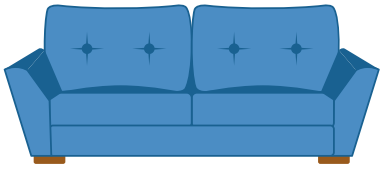
Follow recycling guidelines which are posted in the service area on each floor.
PLEASE BREAK DOWN ALL CARDBOARD BOXES BEFORE PUTTING THEM IN THE BIN. This allows for your neighbors to have enough space for their items and it prevents our porters from having to delay the elevator service when picking up recycling each day.

Recyclable Containers

Follow recycling guidelines which are posted in the service area on each floor. Please keep plastics and containers seperate from cardboard.



Bulk Pick-Up



Large bulk items will be picked up by sanitation on specific days of the week but cannot be put out of the curb until 8pm on the night before. We can be ticketed if this is not followed. You can bring your bulk items down via the service elevator to the curb on Tuesday and Thursday after 8pm for our location.

Compost

Compost reminder: please close the compost bin lids tightly to avoid attracting pests. This could lead to increased costs for exterminator services.



85 Liv Sanitation Pick -Up Schedule:

Monday:
Trash
Recycling
Compost

Wednesday:
Large Items
Trash

Friday:
Large Items
Trash

Learn more about bulk item disposal by clicking here.